

Camino Pilgrimages 2020

Portugal ♦ Spain

11-27 May

19 September-5 October



For over a thousand years pilgrims have walked the many routes to Santiago de Compostela. Walk the Way of St James in the true spirit of ancient Christian pilgrimage.

The unique beauty and power of Catholic Mission's pilgrimage lies within the graced experience of walking (we will prepare you!), a pilgrimage to the sacred inner regions of the heart.



Is this the right Camino for me?

Our focus is on the way we travel, entering into a comfortable personal, contemplative rhythm of daily walking, appreciating simple hospitality in accommodation and food, with strangers as fellow travellers. An invitation to make 'your' Way to the apostle, Saint James (Sant' I-ago - Spanish).

Catholic Mission's pilgrimage balances walking with times for silence, personal reflection and prayer, in the companionship of a small group led by an experienced guide.

We offer you the support of fellowship with pilgrims as well as independence.

Anyone is welcome to participate.

\$AUD 2,750

Ex Lisbon/ Ex-Madrid

Based on a minimum of 6 participants

INCLUSIONS

Briefing materials and all practical preparations, ready to enjoy and walk with confidence. Pilgrimage facilitator: experienced, daily guide walking with you. Daily reflection time. AIG Travel Guard (24/7 medical emergency assistance). Maximum 8 participants.

Camino Portugués

Accommodation: Twin share. Single supplement AUD \$200. 1 night in Lisbon (breakfast & dinner), 1 night in monastery in Fatima (breakfast), 1 night in Porto (albergue & breakfast), 1 night in monastery in Armenteira. 1 night in Santiago de Compostela (breakfast & dinner). Transport: Lisbon-Fatima-Porto. Boat Vilanova-Pontecesures. **Facilitator:** Richard Porteous.

Camino Francés

Accommodation: Twin share. Single supplement AUD \$200. 1 night Madrid (breakfast & dinner), 1 night in León monastery (breakfast & dinner), 1 night in Santiago de Compostela (breakfast & dinner). Transport: High speed train Madrid-León. Bus Portomarín-A Salceda (72 kms). **Multi-lingual facilitator:** Dr Veronica Rosier, O.P.

Not included Travel insurance. Also, on the Camino, accommodation will be in pilgrim Albergues & Hostels at participants' own expense (average cost €10-15 per night). No meals are included on the walk as style of food and timing of meals are very important elements for participants on the journey. Pilgrim menus average €15 for 3 course meal with beverage.

Pilgrimage 1: 17 Days

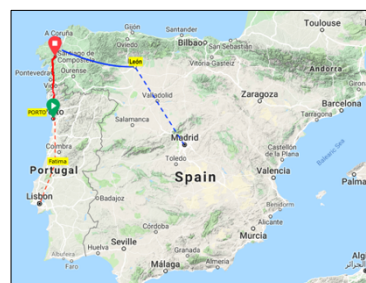
11-27 MAY 2020

CAMINO PORTUGUÉS

Lisbon♦Fatima♦Porto♦Santiago

The Camino Portuguese is a magnificent route for pilgrims looking for a less-travelled and more rural experience.

Includes a day in Fatima and Porto, and towards the end, the *Variante Espirituale* (the Spiritual Variant) through a path of great beauty, and travel on the maritime Via Crucis following the final route of St James' body to Santiago.



Pilgrimage 2: 16 Days

19 SEPTEMBER-5 OCTOBER

CAMINO FRANCÉS (Spain)

Madrid♦León♦Santiago

The Camino Francés or French Way is the best known, and busiest, with good infrastructure through Spain. We start in the ancient Roman city of León (with its Gothic cathedral) and will be sent on our pilgrimage by the Benedictine Nuns, with the traditional pilgrim blessing. Our journey takes us through some of the most beautiful parts of Spain, especially Galicia, arriving in Santiago de Compostela in time for the pilgrim Mass.

Itinerary - Pilgrimage 1 (Trip Code M200123)

CAMINO PORTUGUÉS ITINERARY

11 May Lisbon (Group meets here)
12 May Fatima
13 May Porto
14-26 May Camino walk (approx. 240 klm)
26-27 May Santiago de Compostela pilgrimage ends

Itinerary - Pilgrimage 2 (Trip Code M200122)

CAMINO FRANCÉS

19 Sept. Madrid (Group meets here)
20 Sept. León
21 Sept.-4 Oct. Camino walk (approx. 250 klm)
4-5 October Santiago de Compostela pilgrimage ends

We Assist You to Prepare

Inner and Outer preparation: *Why am I doing this? Pilgrimage, or long-distance walk?* Physical preparation: a good level of walking fitness is necessary to enjoy this experience. Equipment & clothing. Read the recommended guide book for spiritual and practical insights, learn some basic Portuguese/Spanish phrases, taste something of the itinerary, maps, etc. Bring Guide Book with you. The Camino is a personal experience as well as a group one. To be *more intentional* about this unique opportunity to step out of the "rat-race" for a short time, we respectfully request that every participant refrain from their smart phone/social media during the day.



Recommended Guide book (2020 edition) Available at Book Depository

[A Pilgrim's Guide to the Camino Portugués](#) by John Brierley
[A Pilgrim's Guide to the Camino de Santiago: Camino Frances](#)
by John Brierley

Walking the Camino (first 5 minutes of the movie)

<https://www.youtube.com/watch?v=1agxTbmYqRk>

Camino de Santiago 'A Journey for the Soul' (Camino Ways)

<https://www.youtube.com/watch?v=9LHABDXoXb0&t=29s>

The Confraternity of St James

<http://www.csj.org.uk/>



Our Daily Rhythm on the Camino

E.g., early morning start, breakfast, prayer reflection, snack-rest stops, lunch, arrive at albergue/hostel (above), afternoon R & R, evening pilgrimage meal, early to bed. Time for personal space and connecting within and beyond the group. Phone detox during the daytime.

13 days walking the Camino, averaging 20 klm per day, less on rest days. Backpack portage is available (max. 8 kilos/pack) ca. €7/day at participant's own expense.

Questions, more information CONTACT US. Places limited!

www.catholicmission.org.au/camino2020

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